

Factsheet 14

Benefits Checklist

This check-list is intended as a quick guide to help you see which benefits you might be entitled to. It is not a guide to the benefits themselves - you will need to refer to the relevant factsheet for details on the benefit/s that are relevant to you.

Circumstance	Benefit
Incapable of work	
* employed	Statutory Sick Pay (SSP)
* after 28 weeks SSP, or not employed	Incapacity Benefit
* not enough NI contributions for incapacity benefit, and you're 80% disabled or incapable of work since before the age 20.	Severe Disablement Allowance (As long as it has been paid before April 01)
* if you can't get any of these, or can but still do not have enough to live on	Income Support
Unemployed or working less than 16 hrs a week	
* payable for 26 weeks if you've paid enough NI contributions;	Contribution-based jobseeker's allowance (JSA)
* if you've not paid enough NI contributions, or your contribution based Job Seekers Allowance has run out or is not enough to live on:	Income-based jobseeker's allowance
* if you don't have to sign on for work (eg you're incapable of work, disabled, a carer, single parent or 60 or over) and any income or savings are low	Income support
Working at least 16 hours a week	
* you have a child	Working families tax credit
* you have a disability and get a qualifying incapacity or disability benefit	Disabled persons tax credit
Disabled due to vaccine damage	vaccine damage payment

Help with personal care

* aged 65 or under when you claim

Disability Living Allowance Care Component

* aged 65 or over when you claim

Attendance Allowance

* severely disabled and need help with personal care or household assistance

Independent Living Fund

Problems with walking

* aged 65 or under when you claim

Disability Living Allowance Mobility Component

* hire or buy a car using the mobility component

Motability

* if you get higher rate mobility component

Road Tax Exemption

* parking concessions

Blue Badge scheme

Caring

* you care for a person at least 35 hours a week

Invalid Care Allowance

If you do not have enough to live on

* not working, or working less than 16 hours
- if you have to sign on for work

Income Support

income-based jobseeker's allowance

* working at least 16 hours a week and have a child

Working Families Tax Credit

* disabled and working 16 hours or more a week

Disabled Persons Tax Credit

* paying rent for your home

Housing Benefit

* paying council tax

Council Tax Benefit

If you have needs difficult to meet out of regular income

* if you get income support or income-based jobseeker's allowance

social fund community care grant

* if you've had income support or income-based jobseeker's allowance for at least 26 weeks

social fund budgeting loan

* following emergency or disaster

social fund crisis loan
